

Rotary Club of Fern Tree Gully Inc.

INCORPORATED REG. No. A0023463V

DISTRICT 9810 VICTORIA AUSTRALIA

CHARTERED: 16th May, 1963

Postal Address: P. O. Box 164 FERN TREE GULLY, VIC 3156

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31st October, 2016



President, Rotary International

JOHN F GERM & Judy
Rotary Club of Chattanooga,
Tennessee, USA



District Governor, Dist. 9810 –

CAROL LAWTON & Frank
Rotary Club of Montrose & District

President,

CHRISTINE ANDERSON
Rotary Club of Fern Tree Gully

Benefactor,

IVAN GIGOVIC,
Vale: August 2003
Rotary Club of Fern Tree Gully



WEEKLY BULLETIN



PROSTATE CANCER

Vin Jenkins

Vin gave us an interesting, informative and entirely unselfconscious presentation on Prostate Cancer— having suffered it himself Vin was in a perfect position to give us myriad details on the condition. He stressed also that one of the problems with detecting this cancer was the reluctance of most men to consult their doctor.

“Man up” guys—get yourself checked out!

Thanks Vin—an excellent presentation. Hope the guys take note!

UPCOMING MEETING RESPONSIBILITIES

Date & Time:	Monday 31st Oct [6.30 for 7.00]	Monday 7th Nov [6.30 for 7.00]	Monday 14th Nov [6.30 for 7.00]	Monday 21st Nov [6.30 for 7.00]	Monday 28th Nov [6.30 for 7.00]
Venue:		FTG Bowling Club	FTG Bowling Club	FTG Bowling Club	FTG Bowling Club
Program:	CUP	BOARD MEETING	"On the Chat"	Committee Meetings Group A	RYPEN EXPERIENCES
Speaker:	EVE	TBA	Jason Farrugia	N/A	Fairhills' Students
Committee Subject		N/A	N/A		N/A
Chair:	NO	Sean C	Mike S	Ray H	Paul W
Rotary Toast		Mike S	Ray H	Paul W	Martin B
Cashier:	MEETING	Paul W/Bob H	Martin B/Paul McA	Fran M / Martin B	Bob H/Sean C
Scribe:		Paul McA	Paul W	Bob H	Gary B
Rotary Knowledge		N/A	N/A	N/A	N/A
Sergeant-At-Arms:		Fran M	Gary B	Gary B	Paul McA
Partners' Night		No	Yes	No	No

Birthdays:

None

Wedding Anniversaries:

None

Induction to RC of Fern Tree Gully

None



CHRISTINE'S CHATTERBOX

Our Cluster Membership Meeting last Monday evening is in full swing, the planning is going well, and looks like being a great evening for Tuesday 15th November, all details along with flyers will be distributed to you for display all around Ferntree Gully, within the next week. Check your letter boxes. You will also be seeing on our Facebook Page the invitation for our Volunteer's evening, please share this with all your friends as we need our Rotary message to reach as many as possible.

The District Vocational Seminar on Friday is a varied programme, Gary Braddock Vocational Chair Person will share the evening's speakers with you at our next meeting.

This Sundays Bunnings sausage sizzle thank you for all those participating, another crazy snag day.

Please: - those committee chair reports should have reached me by now, we need these for our Board meeting on 7th November

Please remember there is no club meeting on Cup Eve 31st Oct. Enjoy Halloween, and Cup Day. Hope you back a winner!

Enjoy your week,
Looking forward to seeing you all Monday Night 7th November

Yours in Rotary
Christine Anderson
President 2016-2017



"THE WEEK THAT WAS"

Monday, 24th October, 2016

The meeting opened with the Toast to Rotary and President Christine welcoming all members and visitors; including partners Kay MacAloney and Margaret Hurst, also a potential member Maggie Hawkes and Guest Speaker for the Evening Vin Jenkins from the Prostate Cancer Foundation.

President Christine announced:

She was hosting a district membership committee meeting to be held simultaneously with our meeting, as it was to be in another room at our venue she would have to leave us to our own devices for the night.

However before leaving she made the following announcements:-

PP Enid Hughes, PP Paul Wilson, Ray Hollis and herself attended a district meeting at which one of the issues raised being the club must appoint a 'Club Protection Officer', to record and protect internal documentation that was prepared for any public activities. Presumably for use in any future claims/litigation that might arise from these public activities. (Since we now have to act like public servants I wonder if we can claim the perks that go with the job) Pres Christine also reminded members that she is still collecting material for the Christmas decorations and thanked all those who provided names and addresses to be contacted in relation to a membership drive for the district Rotary clubs.

Pres. Christine then opened the Annual General Meeting for the 2016/17 Rotary year at 7:08 PM then announced that the office bearers for the following Rotary year are yet to be confirmed with the exception of President-elect for 2017/18 being Rtn. Ray Hollis.

The annual accounts were presented for approval, acceptance was proposed by Rtn. Mark Boettcher and seconded by PP Enid Hughes.

Pres. Christine also advised members that the rules and by-laws need to be updated before the end of the current Rotary year.

Annual General Meeting closed 7:10 p.m.

Chairman:

In the absence of Pres Christine attending the district committee meeting PP Paul MacAloney stood in as Acting President and Chairman for the night.

CHAIRMAN'S REPORTS:

Secretary: (Paul McAloney):

No correspondence to table.

Apologies: Received from Sean Campbell

Treasurer: (Enid Hughes):

- Wearing her AG's hat, Enid urged members to attend the upcoming Vocational Service seminar as a means of increasing their knowledge of both Vocational Service and how Rotary as a whole works these days.
- Advised that RC Clayton are looking for people to

attend their function "Lunch At the Vines" (see ad. On page 5)

Vocational: (Gary Braddock):

Advised he would be attending District Vocational Service Seminar to be held Friday, 28th October at the Mulgrave Country Club

Youth: (Paul Wilson): As mentioned in last week's bulletin (with photos) Chairperson Rtn Paul Wilson reminded members that Pres Christine, PP Enid and himself attended Doncaster Secondary College with students and teachers from the Fairfield High School for an Interact Event. The function was thought to be very successful and well received by all who attended.

Fellowship: (Fran Mandergeddes):

For the coming festive season we have a very busy fellowship program; this was published in last week's bulletin and repeated again this week. Please ensure all those who have committed to going pay our fellowship chairperson PP Fran as soon as possible as based on those commitments she has paid for tickets to these events out of her own pocket.

Please let Fran know AS SOON AS POSSIBLE who is interested in attending ANY of these proposed events, particularly Nos. 2 and 3, as these need to be BOOKED.

Membership: (John Flemming): PP John informed the club Past District Governor Fred Hay passed away. Among other achievements Fred was responsible for introducing Rotary Christmas Cards to the district as a fundraising function.

Fundraising: PP Graeme Aspinall reminded members that the roster for the sausage sizzle next Sunday 29th was published in the bulletin last week.

Other: PP Graham Faulkner spoke of men's health and that November has been dedicated to men's health and it will be referred to in future as "**Movember**" where all the **blokes** are expected to grow a 'moustache' or "**MO**". (We don't want to be discriminatory the "sheilas" can join in if they wish) all funds raised go towards men's health, particularly towards improving the treatment for prostate cancer.

Sergeant-At-Arms: Politicians or rather jokes about politicians was the subject of PP Fran's extraction process, I think it's fair to say "Political Jokes" and "Politicians" are one and the same thing. In looking at world events it really doesn't matter which country they are in, if the outcome of who gets elected wasn't so serious we would all be rolling around clutching our ribs in hysterics.

PROGRAM:

Our guest speaker Vin Jenkins from the Prostate Cancer Foundation gave us a very enlightening talk on Prostate Cancer which of course occurs only in men. Vin himself is a survivor of

Prostate Cancer and therefore can discuss the disease first-hand. He was one of the more fortunate ones where the cancer cells were present only in the prostate and therefore completely removed when the prostate was removed.

He made the point that a discussion about Prostate Cancer makes many men uncomfortable but also made the point that more men die from Prostate Cancer than Women from Breast Cancer. This is no doubt due to the fact that Breast Cancer has a far higher profile in the community.

Vin has personally experienced and survived two encounters with cancer, originally diagnosed 14 years ago with a melanoma which turned out to be malignant and removed.

His next encounter eight years ago at age 64 came about through a blood test which identified the likely existence of Prostate Cancer which turned out to be correct. Unfortunately the physical consequences of removal of the Prostate can have significant consequences on lifestyle.

Among other effects of Prostate removal are incontinence and sexual dysfunction.

What are the risk factors of Prostate Cancer:

- Age: Although Prostate cancer is not an age dependent

disease the chance of developing it increases with age. The risk of getting prostate cancer by the age of 75 is one in seven men by the age of 85 this increases to one in five.

- Family history, if there are close male relatives with prostate cancer there is a much higher chance of it developing.
- Other factors such as Genetics, Diet, and Lifestyle can also play a part.

The strong message coming out of the talk by Vin was that all men over the age of 40 should regularly test for the existence of prostate cancer by a blood test at least every two years and a physical examination by a doctor if there are any symptoms whatsoever.

Following questions Vin was thanked by acting President Paul and presented with a cheque for \$200 as a donation to the Prostate Cancer foundation.

Meeting Closed at 8.26 p.m.

Scribe: Rob Hurst



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**PLEASE NOTE THE BULLETIN WILL NOT
BE ISSUED NEXT WEEK AS THERE WILL BE
NO MEETING ON 31st OCTOBER DUE TO
THE MELBOURNE CUP DAY HOLIDAY**



Rotary
Club of Clayton



invites you to

Lunch at the Vines

in the beautiful Yarra Valley

Sunday November 13th 2016 at 1.00pm

at Six Acres Winery 20 Ferndale Rd Silvan

\$65.00 per person (Buffet Luncheon)

Melway 123 C4 Parking will be available

Wines by Six Acres

Parking - enter Wilkens Lane



Catering by renowned Rotarian chef Jeffrey Tan and his volunteers. All proceeds to the mobile medical camps in the slum villages of Moradabad in India.

For bookings go to www.trybooking.com/228621

Book early as places are limited

For further information John Barnes 0414 464 741

IMPORTANT DATES TO DIARISE.....

30th Oct	Bunnings Sausage Sizzle	
31-Oct	Cup Eve - No Meeting	
November	is Rotary Foundation month	
7-Nov	TBA	
11-Nov	Pre PETS	
11th Nov	Yes Prime Minister	Lilydale Theatre
14-Nov	"On the Chat"	Jason Farrugia
15-Nov	Cluster Information Meeting	The Knox Club
18-Nov	International Service Seminar	
21-Nov	Committees' Meeting	Group A
25-Nov	Presidents' Quarterly Mtg.	Mulgrave Country Club
28-Nov	RYPEN Students (Fairhills HS)	Various
December	is Disease Prevention and Treatment Month	
4th Dec	Banjo Patterson	Kilsyth Memorial Hall
5-Dec	Club Assembly & "ABOUT ME"	Various Members
12-Dec		
16-Dec	Country & Western Night	Ringwood RSL
19-Dec	Christmas Break-Up	
26-Dec	Boxing Day - No Meeting	
30-Dec	Bunnings Sausage Sizzle	

Legend:	
	Partners' Night
	Fundraising Event
	District Event
	Fellowship Event