

Rotary Club of Fern Tree Gully Inc.

Vol. 51 No 34

7th April 2014



President, Rotary International –
RON D. BURTON & Jetta,
Rotary Club of Norman,
Oklahoma, USA

District Governor, Dist. 9810 –
Merv Ericson & Kay,
Rotary Club of Monash

President,
PHILIP WALTERS & Pam
Rotary Club of Fern Tree Gully

Benefactor,
IVAN GIGOVIC,
Vale: August 2003
Rotary Club of Fern Tree Gully

INCORPORATED REG. No. A0023463V

DISTRICT 9810 VICTORIA AUSTRALIA

CHARTERED: 16th May, 1963

Postal Address: P. O. Box 164 FERNTREE GULLY, VIC 3156

Website: www.ferntreegullyrotary.org.au

WEEKLY BULLETIN



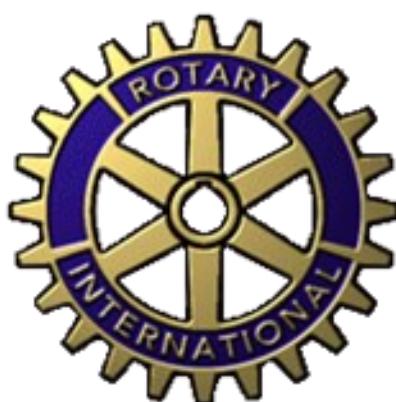
A large blue welcome sign for Fern Tree Gully. The sign features a stylized bird in flight on the left. The text "Welcome to FERNTREE GULLY" is written in a large, bold, white font. Below that, "And The Blue Dandenongs" is written in a smaller, white font. The sign is mounted on a metal post and is set against a backdrop of trees and a clear sky. A yellow latitude line is drawn across the sign, with the text "35° South" written on it.

Bit short of something to put on the front page this week. No headline news. Maybe next week.....

UPCOMING MEETING RESPONSIBILITIES

Date & Time:	Monday 7th April [6.30 for 7.00]	Monday 14th April [6.30 for 7.00]	Monday 21st April 6.30 for 7.00	Monday 28th April [6.30 for 7.00]
Venue:	Knox Tavern	Knox Tavern	Knox Tavern	Knox Tavern
Program:	Committee Meet-ing	Diseaseproofing Your Diet	Easter	The effect of additives on health, education and learning
Speaker:	N/A	Tess O'Shea	Monday	Jenny Ravlic
Committee Subject	TBA	N/A	No	N/A
Chair:	Mike S	Graeme A		Bob H
Cashiers:	Greg D & Paul W	Graham F & Paul McA	Meeting	Mike S & Graeme A
Grace & Toast:	Stuart V	Enid H		John F
Rotary Knowledge	N/A	TBA		TBA
Sergeant-At-Arms:	Fran M	Fran M		Fran M
Scribe:	Rob D	Bob H		Virginia R

<i>Birthdays:</i>	8th—Fran Mandergeddes
<i>Wedding Anniversaries:</i>	8th—Anne & John Flemming
<i>Induction to RC of Fern Tree Gully</i>	None



THAT WAS THE WEEK THAT WAS

Monday, 31st March, 2014

Meeting opened at 7.06pm with Acting President Graeme Aspinall welcoming all members and our guest speaker Lucy.

Chairman: **Robert Dawson**

CHAIRMAN'S REPORTS:

Secretary: **John Flemming**

- Read and distributed the incoming mail
 - Invitation to attend a seminar to discuss Law and Order.
 - 2. Invitation to FTG Art Show from Knox Volunteer Centre

Apologies: Robert Hurst, Fran Mandergeddes, Mike Spark, Phil Walters, Rahul Mediratta, Julie Goodchild, and Virginia Rutledge

Treasurer: **Enid Hughes**

- Spoke more about the District Conference and encouraged members to attend the next conference in Ballarat.

Vocational: **Phil Walters**

No report (Absent)

Community: **Graeme Aspinall**

- Community: (Graeme Aspinall) The barbecue at the Relay for Life was very successful. Club made over \$1000.00 for the weekend. Graeme thanked all those who helped out even our potential member Christine. What a trooper.

New Generations: **Virginia Rutledge**

No report (Absent)

International: **Paul McAloney**

No report

Fellowship: **Fran Mandergeddes**

No report (Absent)

Club Service: **Mike Spark**

No report (Absent)

Sergeant-at-Arms—Paul Wilson

Gave us some puns and facts that we didn't know. There were a lot of groans.

Skill: Paul McAloney drew the three of diamonds.

PROGRAM: CHINESE CULTURE—LUCY

Chinese culture is one of the worlds oldest cultures. The area in which the culture is dominant covers a large geographical region in eastern Asia with customs and traditions varying greatly between provinces, cities and even towns.

Important components of Chinese culture include literature, music, visual arts, martial arts, cuisine and religion.

Falun Gong is a spiritual discipline first introduced into China in 1992. It combines the practice of meditation and slow moving exercises with a moral philosophy. Falun Gong emphasizes morality and the cultivation of virtue in its central tenets of truthfulness, compassion and forbearance through moral rectitude and the practice of meditation. Practitioners of Falun Gong aspire to better health and ultimately spiritual enlightenment.

Since 1999 the Communist Party has been brutally persecuting Falun Gong followers.

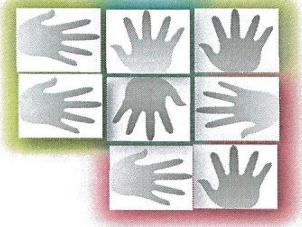
Chinese culture is being revitalised through Chinese dancing. Chinese dancing is one of the most impressive art forms in the world.

There being no further business and after doing the house-keeping the Acting President closed the meeting at 8.30 p.m.

Scribe: Paul McAloney



ferntree gully VOLUNTEER EXPO



Saturday May 17th

'Volunteering plays a key role in building strong, sustainable and connected communities'

Share the time - Share the rewards

Empty Seat at the Grand Final

Bud has a "nosebleed seat" at the Grand Final game in the AFL finals series at the MCG. He notices an empty seat in the very front row. After the first quarter, he makes his way down to the empty seat and asks the guy in the next seat if anyone's sitting there. The guy says, "No, you can sit there."

As they're watching the game, Bud asks the guy whether he knows who owned the ticket for the empty seat. The man says, "Yes, it was my wife's seat. We've been coming to Richmond games together for years. But she passed away before she could see them in a Grand Final."

Bud says, "I'm sorry about that, but couldn't you find a friend or relative to take the ticket? I mean, this is the GRAND FINAL for the AFL Premiership."

The guy says, "**No, they're all at the funeral.**"



Community Kitchen Roster - 2014

Guide Hall

Underwood Rd

Ferntree Gully (Next to train station car park)
Rotary roster - every second Wednesday, 5.30pm

DATE	ROTARIAN
9th April	Graeme Aspinall
23rd April	Paul Wilson
7th May	Enid Hughes
21st May	John Flemming
4th June	Graeme Aspinall
18th June	Paul Wilson
2nd July	Virginia Rutledge
16th July	Paul McAloney
30th July	John Flemming
13th August	Paul McAloney
27th August	Graeme Aspinall
10th September	Paul Wilson
24th September	Virginia Rutledge
8th October	Enid Hughes
22nd October	John Flemming
5th November	Virginia Rutledge
19th November	Graeme Aspinall
3rd December	Paul Wilson
17th December	Enid Hughes



Dinner provided
Contact Graeme Aspinall for more information
0425 432 290

Australian Rotary Health

*Supporting healthier minds, bodies and communities
through research, awareness and education*



RESEARCH

We're committed to improving health through research. Through the funds we provide to researchers, Australian Rotary Health makes continuing, worthwhile contributions to community health right around Australia.

PhD Research Scholarships are also regularly offered to young researchers.

SCHOLARSHIPS

Australian Rotary Health believes in supporting a healthy future for all Australians. That's why we offer scholarships to Indigenous students studying health based degrees, as well as medical and nursing students who wish to pursue their studies in rural or remote Australia.

HOW YOU CAN HELP

By donating to Australian Rotary Health, or by helping us spread the word about the work that we do, you're helping build a healthier future for your community.

All donations over \$2 are tax deductible.

For more information please visit our website at:
www.australianrotaryhealth.org.au

What is Australian Rotary Health?

Australian Rotary Health is one of the largest independent health research funds in Australia.

Since its establishment in 1981, Australian Rotary Health has provided almost \$29 million in funding for health research in Australia.

Why research? Because we're committed to supporting health for all Australians, present and future. Most of the advances of modern medicine have improved or saved countless lives. These advances couldn't have been made without the help of medical researchers.

The funds we provide are vital in supporting the research that seeks to cure or prevent ill health in your community.

By supporting Australian Rotary Health, you're putting your name to a cause that's fighting against a large number of health problems including arthritis, diabetes, kidney disease, spinal injury, mental illness and a number of different types of cancer.

What we do

Since the year 2000, Australian Rotary Health has focused its funding on mental health research.

20% of all Australians experience some form of mental illness each year, and by 2020 it's predicted that depression alone will constitute one of the largest health problems worldwide.

To combat this, we are:

- Providing funds for research.
- Running mental health first aid training courses.
- Reducing stigma through education and increased awareness.

Who we help

Australian Rotary Health is committed to helping everyday Australians, especially those who are least able to help themselves.

Through the funds we provide to students and researchers, we are actively creating a healthier Australia.

The research we fund is used to make a real difference to the treatment and prevention of a number of common health problems.

In short, we support you and your community towards better health through research, awareness and education.

Australian Rotary Health

2nd Floor, 43 Hunter Street

Parramatta, NSW, 2150

Phone: 02 88371900

www.australianrotaryhealth.org.au

PAST PRESIDENTS :

1963-64	HALL Frank	1989-90	FREGON John
1964-65	THOMSON Ken	1990-91	VIZE Stuart
1965-66	CLARKE * Harold	1991-92	ADAMS Brian
1966-67	MARTIN Laurie	1992-93	WYLIE * Peter
1967-68	ELDRIDGE Jeff	1993-94	ASPINALL Graeme
1968-69	RUSSELL Harry	1994-95	MOORE Robert
1969-70	CHAPPILL Geoff	1995-96	WILLINGHAM Ed
1970-71	COOK Duncan	1996-97	EDMUND Hilton
1971-72	CASTRICUM * John and MILLER Ken	1997-98	SPARK Mike
1972-73	LANGFORD * Greg	1998-99	FLEMMING John
1973-74	de JONGE Lawrence	1999-2000	OGLE Tony
1974-75	CRANE * Reeve	2000-01	YEATS Sandy
1975-76	BROWN John	2001-02	HALL Marilyn (First Woman President).
1976-77	FOSTER Ken	2002-03	McALONEY Paul
1977-78	CALLAHAN * Jack	2003-04	DAWSON Rob
1978-79	MILLER Ken	2004-05	MANDERGEDDES Fran
1979-80	RICHARDS John	2005-06	WALTERS Phil
1980-81	BEASLEY * Royce	2006-07	GOODCHILD Julie
1981-82	SHORTER Barry	2007-08	ASPINALL Graeme
1982-83	BOSCOTT Bob	2008-09	FAULKNER Graham
1983-84	BARUDAY George and DASBOROUGH Don	2009-10	LINCOLN Merv.
1984-85	MITCHELL * Ron	2010-11	LINCOLN Merv
1985-86	HURST Robert	2011-12	HUGHES Enid
1986-87	GLADWIN Bill	2012-13	ASPINALL Graeme
1987-88	ELLIOTT John		* Have "Passed on to meet Paul HARRIS".
1988-89	GUINEY * David		