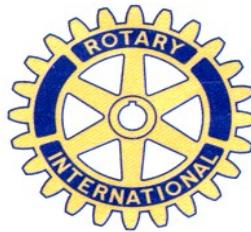




Chairman Enid congratulated and thanked speaker **Sue Werland** of the Australian Red Cross for her excellent presentation.



Rotary's early emblem was a simple wagon wheel (in motion with dust). It was designed in 1905 by Montague M. Bear, a member of the Rotary Club of Chicago who was an engraver. He designed the emblem to represent both civilization and movement. Most of the early Rotary clubs adopted the wheel in one form or another.

The present emblem, 24 cogs and six spokes, was adopted in 1924. A keyway was added to signify usefulness. An official description of the emblem was adopted at the 1929 International Convention.

# Rotary Club of Fern Tree Gully Inc.

Volume 50 No. 17

22nd October, 2012

INCORPORATED REG. No. A0023463V  
DISTRICT 9810 VICTORIA AUSTRALIA

CHARTERED: 16<sup>th</sup> May, 1963

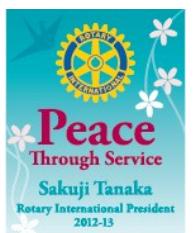
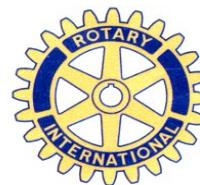
Postal Address: P. O. Box 164 FERN TREE GULLY, VIC 3156  
Website: [www.fernategullyrotary.org.au](http://www.fernategullyrotary.org.au)

## WEEKLY BULLETIN

ROTARY CLUB OF FERN TREE GULLY  
50TH ANNIVERSARY  
2013

President, Rotary International - **SAKUJI TANAKA & Kyoko, Rotary Club of Yashio, Saitama, Japan**  
District Governor, Dist. 9810 – **BRIAN MARTIN & Sue, Rotary Club of Box Hill Central**

President, Rotary Club of Fern Tree Gully – **GRAEME ASPINALL**  
Benefactor, Rotary Club of Fern Tree Gully – **IVAN GIGOVIC, Vale: August 2003**





**THE ROTARY CLUB OF  
FERN TREE GULLY INC.,  
2012-2013**



**The Board**

<b>PRESIDENT</b>	-	<b>Graeme Aspinall</b>
<b>PRESIDENT ELECT</b>	-	<b>TBA</b>
<b>SECRETARY</b>	-	<b>John Flemming</b>
<b>TREASURER</b>	-	<b>Enid Hughes</b>
<b>PAST PRESIDENT</b>	-	<b>Enid Hughes</b>
<b>COMMUNITY</b>	-	<b>Julie Goodchild</b>
<b>VOCATIONAL</b>	-	<b>Phil Walters</b>
<b>INTERNATIONAL</b>	-	<b>Paul McAloney</b>
<b>NEW GENERATIONS</b>	-	<b>Greg Downes</b>

**Office Bearers**

<b>FOUNDATION</b>	-	<b>Robert Dawson</b>
<b>MEMBERSHIP &amp; MARKETING</b>		<b>Graeme Aspinall</b>
<b>FELLOWSHIP</b>	-	<b>Fran Mandergeddes</b>
<b>PROGRAM</b>	-	<b>Mike Spark</b>
<b>BULLETIN EDITOR</b>	-	<b>Enid Hughes</b>
<b>Aus. Rotary Health</b>	-	<b>Graham Faulkner</b>

**THE FOUR-WAY TEST**

Of the things we think, say or do :-

- Is it the **TRUTH**?
- Is it **FAIR** to all concerned?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- Will it be **BENEFICIAL** to all concerned?



**PAST PRESIDENTS :**

1963-64	<b>HALL</b> Frank	1989-90	<b>FREGON</b> John
1964-65	<b>THOMSON</b> Ken	1990-91	<b>VIZE</b> Stuart
1965-66	<b>CLARKE</b> * Harold	1991-92	<b>ADAMS</b> Brian
1966-67	<b>MARTIN</b> Laurie	1992-93	<b>WYLIE</b> * Peter
1967-68	<b>ELDRIDGE</b> Jeff	1993-94	<b>ASPINALL</b> Graeme
1968-69	<b>RUSSELL</b> Harry	1994-95	<b>MOORE</b> Robert
1969-70	<b>CHAPPILL</b> Geoff	1995-96	<b>WILLINGHAM</b> Ed
1970-71	<b>COOK</b> Duncan	1996-97	<b>EDMUND</b> Hilton
1971-72	<b>CASTRICUM</b> * John and <b>MILLER</b> Ken	1997-98	<b>SPARK</b> Mike
1972-73	<b>LANGFORD</b> * Greg	1998-99	<b>FLEMMING</b> John
1973-74	<b>de JONGE</b> Lawrence	1999-2000	<b>OGLE</b> Tony
1974-75	<b>CRANE</b> * Reeve	2000-01	<b>YEATS</b> Sandy
1975-76	<b>BROWN</b> John	2001-02	<b>HALL</b> Marilyn (First Woman President).
1976-77	<b>FOSTER</b> Ken	2002-03	<b>McALONEY</b> Paul
1977-78	<b>CALLAHAN</b> * Jack	2003-04	<b>DAWSON</b> Rob
1978-79	<b>MILLER</b> Ken	2004-05	<b>MANDERGEDDES</b> Fran
1979-80	<b>RICHARDS</b> John	2005-06	<b>WALTERS</b> Phil
1980-81	<b>BEASLEY</b> * Royce	2006-07	<b>GOODCHILD</b> Julie
1981-82	<b>SHORTER</b> Barry	2007-08	<b>ASPINALL</b> Graeme
1982-83	<b>BOSCOTT</b> Bob	2008-09	<b>FAULKNER</b> Graham
1983-84	<b>BARUDAY</b> George and <b>DASBOROUGH</b> Don	2009-10	<b>LINCOLN</b> Merv.
1984-85	<b>MITCHELL</b> * Ron	2010-11	<b>LINCOLN</b> Merv
1985-86	<b>HURST</b> Robert	2011-12	<b>HUGHES</b> Enid
1986-87	<b>GLADWIN</b> Bill		* Have "Passed on to meet Paul HARRIS".
1987-88	<b>ELLIOTT</b> John		
1988-89	<b>GUINEY</b> * David		

# Community Kitchen Roster - 2012

Guide Hall  
Underwood Rd  
Ferntree Gully (Next to train station car park)  
Rotary roster - every second Wednesday, 5.30pm

DATE	ROTARIAN
31st October	Virginia Rutledge
14th November	Greg Downes
28th November	John Flemming
12th December	Enid Hughes

Dinner provided

Contact Julie Goodchild for more information: 0418 567 318



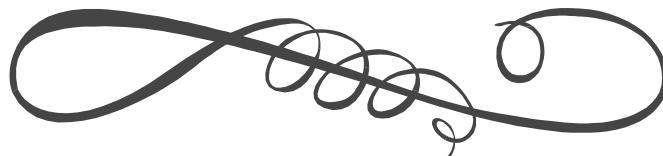
## CLUB NOTICES

There are no Club Notices at this time



## UPCOMING MEETING RESPONSIBILITIES

Date & Time:	Monday 22nd Oct [6:30 for 7:00]	Monday 29th Oct [6:30 for	Monday 5th November [6:30 for 7:00]	Monday 12th Nov [6:30 for 7:00]
Venue:	Knox Tavern	Knox Tavern	Knox Tavern	Knox Tavern
Program:	Empowering Australia	One Diet Does Not Fit All	Melbourne Cup Eve	Committee Meeting
Speaker:	John Liddell	Jenifer Elliot	NO	N/A
Committee Subject	N/A	N/A	MEETING	TBA
Chairman:	Rob D	Greg D		
Cashiers:	Bob H & Virgin-ia R	Angela L & Fran M		Fred M & Paul W
Grace & Toast:	John F	Graham F		Julie G
Rotary Knowledge	TBA	Rahul M (About Me)	TBA	TBA
Sergeant-At-Arms:	Paul W	Paul W		Graham F
Scribe:	Julie G	John F		Angela Locke



***Birthdays:*** 24—Ken Thomson—'24

***Wedding Anniversaries:*** None

***Induction to R.C. of F.I.G*** None

## MINUTES OF MEETING: MONDAY, 15th October, 2012

The meeting opened at 7.00 p.m. with President Graeme welcoming all members and guests including speaker Sue Werland..

President Graeme announce:

- Masters BBQ—\$700 profit. He made special thanks to Exchange students Kate and Caroline and also to Nicole McFarlane.
- Melbourne Marathon—3 club members helped with handing out medals.
- CFA Collection—this coming weekend.

**Chairman:** Enid Hughes

Called for reports:

**Secretary:** John Flemming

- Distributed the incoming correspondence

**Apologies:** Julie Goodchild, Bob Hurst, Paul Wilson

**Make-Ups:** Rob Dawson, Graeme Aspinal, John Flemming, Enid Hughes, Fran Mandergeddes

**Treasurer:** Enid Hughes

No Report

**Vocational Service:** Phil Walters

- Announced the weekly Rotary Knowledge section was being reintroduced.
- Discussed the Wylie Award for next year.

**Community Service:** Julie Goodchild

Absent—no report

**International:** Paul McAloney (on leave)

No report

**New Generations:** Greg Downes

- Ferntree Gully North Primary Schools Diaries program presentation would take place on 12th November. Paul Wilson to follow up with other primary schools.

## ROTARY CLUB OF FERN TREE GULLY



INVITE YOU  
TO JOIN US IN A



## WOMEN'S INDULGENCE EVENING



WHERE: Club rooms of the Rotary Club of Bayswater  
3 Station Street (off Mountain Hwy. next to  
Budget Car Rental Depot)  
Bayswater



WHEN: FRIDAY, 16TH NOVEMBER, 2012

TIME: 7.30 p.m. start—Approx 9.30 p.m. finish

Come and enjoy -

- A glass of champagne
- Chocolate
- Relaxing Massage
- Facial and skincare
- Lingerie
- Fashion Parade
- And much, much, more!

\$10.00 entrance fee

[www.ferntreegullyrotary.org.au](http://www.ferntreegullyrotary.org.au)

Click on the Women's Indulgence Tab  
to register  
or phone

Enid Hughes on 9758 0760



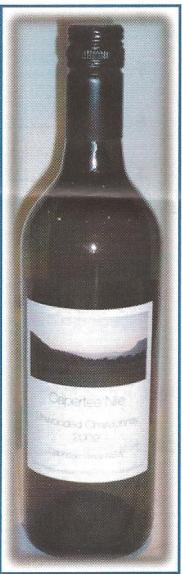
# Australian Rotary Health Merchandise



Scotty and Abbie Bears



Eco Bags



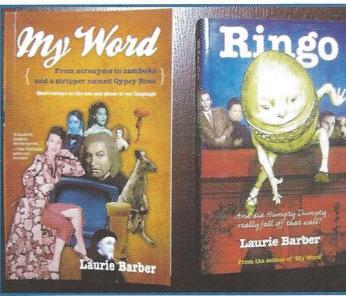
Capertee Nile  
Chardonnay 2009



Hat Day Clip-on Bears



Hat Day Caps & Visors



My Word      Ringo

With Health  
in Mind

Supporting healthier minds, bodies and communities through research, awareness and education

## Fellowship: Fran Mandergeddes

- CFA Collectors still required. Reminded everyone to pick up tins, vest etc. and to wear closed in shoes. Also not to forget to sign in at the Fire Station (for insurance purposes)

## Sergeant-at-Arms: Rob Dawson

Told a number of short stories and fined us all accordingly.

Skill: President Graeme drew 2 of Diamonds.

## PROGRAM:

### Sue Werland, Australian Red Cross

Sue began by giving us a history of the Red Cross; how it started.

- Established in Australia in 1914
- 30,000 Volunteers
- Red Cross signifies “Don’t Shoot”
- There are two other symbols—the crescent and the diamond. These were introduced because of religious issues.
- The program teaches the rules of war—Influences Commonwealth Government and Informs the Community

There are 7 areas of services which include:

- Emergency Services
- International Aid
- Locational disadvantage (Community welfare)
- Impact of Migration
- Partner with Aboriginal and Torres Strait Islander peoples
- Social bridges back into the community

There is also the Blood Bank, Retail Shops and the College.

There was much interest in what Sue had to say and a number of questions were asked.

There being no further business President Graeme thanked the speaker and everyone for coming, red out the housekeeping and birthdays and closed the meeting.

Meeting closed at 8.30 pm.

Scribe: Greg Downes



## PRESIDENT'S REPORT

Below is an article taken from the “Rotarian”, a magazine which is distributed to all clubs throughout the world on a monthly basis. I found it interesting and food for thought; I hope you do too.

### How regular routines and ingrained habits shape our lives

*Tomorrow, from the time you get up until the time you go to bed, you won't think much about what you do. This isn't because you're less intelligent or observant than the average person. It's because you are a creature of habits, both good and bad.*

*Scientists have found that the more deeply ingrained a routine becomes, the less mental energy we devote to it. Once the “habit loop” - the trigger, behaviour, and reward—is set, a habit can never be eliminated, only overwritten with other habits.*

*Day to day, companies function according to their accepted routines. “There are no organizations without institutional habits.” Duhigg, (author of “The Power of Habit: Why We Do What we Do in Life and Business”) writes. “There are only places where they are deliberately designed and places where they are created without forethought.”*

*Fortunately, both people and businesses can change. In 1987 Paul O'Neill took over the Aluminum Company of America (Alcoa) and decided to focus on worker safety. The procedures he put in place changed the organization’s culture, making it more responsive, open, nimble, streamlined, and communicative—and more profitable. When he retired in 2000, its stock value was five times greater than when he'd taken over.*

*What O'Neill understood was that certain habits—positive or negative—can start a cascade of change. Making one change (such as deciding to exercise) often leads to others (quitting smoking, eating better, drinking less). This is partly because change itself can become a habit. But it also helps you to believe it can be done. And that, Duhigg, says, is the biggest trick of all. “This is the real power of habit—the insight that your habits are what you choose them to be.”*

By the time you read this our CFA intersection collection will be completed and has been a success. The number of hours some members have put in has ensured we have had adequate resources to make it a success. My thanks to all for their support.

See you all at Rotary this week.

**Graeme Aspinall**  
President

## Committee Role and Responsibilities



Service Above Self is Rotary's principal motto, which means that every Rotarian is responsible for finding ways to improve the quality of life in his or her community and in those around the world through service.

The role of the club service projects committee is to help develop and implement educational, humanitarian, and vocational service projects that help your community and communities in other countries.

The responsibilities of the club service projects committee summarized below are explained further in this chapter:

- Develop committee goals to achieve club service project goals for the coming year.
- Conduct service projects that include assessments, planning, and evaluation.
- Create a balanced program of service.
- Work with other organizations, volunteers, and committee members to maximize the impact of your projects.
- Lead fundraising efforts to fund projects.
- Understand liability issues that affect your club projects and activities.

As you read more about these responsibilities below, think about your committee goals, what your action plan will be, and what resources you will need for your year.