



Cass's birthday—looking gorgeous as usual!

Fellowship, and Camaraderie  
 Service to the Community  
 Support of Each Other  
 Reach Within to Embrace Humanity



Rotary's early emblem was a simple wagon wheel (in motion with dust). It was designed in 1905 by Montague M. Bear, a member of the Rotary Club of Chicago who was an engraver. He designed the emblem to represent both civilization and movement. Most of the early Rotary clubs adopted the wheel in one form or another.

The present emblem, 24 cogs and six spokes, was adopted in 1924. A keyway was added to signify usefulness. An official description of the emblem was adopted at the 1929 International Convention.

# Rotary Club of Fern Tree Gully Inc.

Volume 49 No. 18

31st October, 2011

INCORPORATED REG. No. A0023463V  
 DISTRICT 9810 VICTORIA AUSTRALIA

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Postal Address: P. O. Box 164 FERNTREE GULLY, VIC 3156

## WEEKLY BULLETIN



Reach Within to Embrace Humanity

38° South

President, Rotary International - **KALYAN BANERJEE**, & Binota, Rotary Club of Vapi, India  
 District Governor, Dist. 9810 – **JULIET RISELEY** & Ian, Rotary Club of Hampton  
 President, Rotary Club of Fern Tree Gully – **ENID HUGHES**  
 Benefactor, Rotary Club of Fern Tree Gully – **IVAN GIGOVIC**, Vale: August 2003

### ROTARY GRACE:

**For good food, fellowship and the opportunity of service through Rotary.  
 We thank Thee O Lord.**

### A ROTARY TOAST:

**Rotarians and friends please join me in a toast—"Rotary and Australia".**



**THE ROTARY CLUB OF  
FERN TREE GULLY INC.,  
2010-2011**



**The Board**

<b>PRESIDENT</b>	-	<b>Enid Hughes</b>
<b>PRESIDENT ELECT</b>	-	<b>Ian McFarlane</b>
<b>SECRETARY</b>	-	<b>John Flemming</b>
<b>TREASURER</b>	-	<b>Paul Wilson</b>
<b>PAST PRESIDENT</b>	-	<b>Merv Lincoln</b>
<b>COMMUNITY</b>	-	<b>Ian McFarlane</b>
<b>VOCATIONAL</b>	-	<b>Merv Lincoln</b>
<b>INTERNATIONAL</b>	-	<b>Paul McAloney</b>
<b>NEW GENERATIONS</b>	-	<b>Julie Goodchild</b>

**Office Bearers**

<b>FOUNDATION</b>	-	<b>Paul McAloney</b>
<b>MEMBERSHIP &amp; MARKETING</b>	-	<b>Graeme Aspinall</b>
<b>FELLOWSHIP</b>	-	<b>Fran Mandergeddes</b>
<b>PROGRAM</b>	-	<b>Mike Spark</b>
<b>BULLETIN EDITOR</b>	-	<b>Enid Hughes</b>
<b>BOWEL SCAN (Aus. Rotary Health)</b>	-	<b>Graham Faulkner</b>

**THE FOUR-WAY TEST**

Of the things we think, say or do :-

- Is it the **TRUTH**?
- Is it **FAIR** to all concerned?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- Will it be **BENEFICIAL** to all concerned?

BULLETIN SPONSORED BY  
Salvation Army, FTG



Sergeant Julie exacts her fines. Chairman Phil. was not exempt!

### Community Kitchen Roster



- 2nd November John Flemming
- 16th November Ian McFarlane
- 30th November John Flemming
- 14th December Paul Wilson

### UPCOMING MEETING RESPONSIBILITIES

Date & Time:	Monday 31st Oct [6:30 for 7:00]	Monday 7th Nov [6:30 for 7:00]	Monday 14th Nov [6:00 for 6:30]	Monday 21st Nov [6:30 for 7:00]
Venue:		Knox Tavern	Knox Tavern	Knox Tavern
Program:	Melbourne	Committee Meeting	Aboriginal Identity in Sport	RYLA
Speaker:	Cup	John F	Andrew Peters	Jimmy Osborne
Committee Subject	Eve	Continuing discussion on W/shop	N/A	N/A
Chairman:		Ian Mc F	Graeme A	Fran M
Cashiers:	No	Mike S & Paul McA	Merv L & Greg D	Julie G & Bob H
Grace & Toast:	Meeting	Stuart V	Mike S	Paul W
Rotary Knowledge	-	Mike S - Marketing Consult	Phil W - Energy Safety Regs.	Paul W - Maint. Services
Sergeant-At-Arms:	-	Merv L	Julie G	Phil W
Scribe:	-	Graeme A	Rod D	Greg D



<i>Birthdays:</i>	None
<i>Wedding Anniversaries:</i>	None
<i>Induction to R.C. of F.I.G</i>	None

## MINUTES OF MEETING: Monday, 24th October, 2011

Meeting opened at 7.05 pm

President Enid welcomed everyone and then announced:

- The Grand Trivia Night to be held at the Village Green , run by Knox RC—Peter Cole Spirit of Sharing. Asked if the anyone in the Club was interested in making up a table to contact her.
- GSE Home Hosting—anyone interested please advise
- 5th Nov. FTG Village Discovery Day—can we assist?
- Cup Eve—no formal meeting—some members will come for an informal dinner.

**Chairman:** Mike Spark

**Secretary:** John Flemming

Read and distributed the incoming mail.

**Apologies:** Rob Dawson, Rob Hurst, Julie Goodchild, Fran Mandergeddes,

**Make-ups:** None

**Chairman's Reports:**

**Community Service:** (Ian McFarlane)

- Men's Gifts—Fran collecting
- Sun 27/11 Foothills
- Run—volunteers required. Some people have already committed.
- Breathalyser—proceeding
- (17/3) Trivia Night to help with Knox Park Sails

**Vocational:** (Merv Lincoln)

Following Merv's transfer President Enid will announce his replacement shortly. Merv will then work with that person to hand over Service responsibilities.

**Other Reports:**

Graham Faulkner spoke about the Tom Hafey breakfast run by Rowville-Lysterfield RC. In excess of 200 people attended and memorabilia was auctioned.

Merv Lincoln passed around his "Visitor's Book" for members to add their comments regarding their experiences during Merv's membership of the club.

**Sergeant-at-Arms** (Merv Lincoln) ripped our dollars off us—we were taken!!

**Skill:** Graeme Aspinall drew Jack of Hearts.

## TIPS.....HINTS.....JOKES.....

### Not So Deep Thoughts for the Day

- The things that come to those who wait maybe the things left by those who got there first.
- A fine is a tax for doing wrong. A tax is a fine for doing well.
- When you go into court you are putting yourself in the hands of 12 people that weren't smart enough to get out of jury duty.
- Light travels faster than sound. This is why some people appear bright until you hear them speak.
- It is hard to understand how a cemetery raised its burial cost, and blamed it on the cost of living.
- It is said that if you line up all the cars in the world end to end, someone would be stupid enough to try and overtake them.
- Remember, no matter where you go, there you are.

Predicting the Future



What's green with red spots?  
A frog with the chicken pox!

What's green with bumps?  
A frog with the measles!

#### More Silly Frog Jokes

What kind of shoes do frogs wear?  
Open toad!

What do you call a frog with legs?  
Dinner.



## COMMUNITY KITCHEN CHRISTMAS DINNER (Foothills Community Church)

Once again we will be supporting this event by way of donating gifts for the men. Every year they are inundated with gifts for women and children so our mission is to look after the men.

Some suggestions are :

Undies  
Socks  
Hankies  
Razors  
Shaving soap  
Conditioner  
Shampoo  
Toothbrushes / Toothpaste  
Deodorant  
T-shirts  
Moisturiser  
Soaps  
Nail scissors  
(Small) packs of tissues  
Lollies  
Packs of playing cards  
Puzzle books  
Small notebooks  
Pens  
Suitable books

### Program:

Guest Speaker—Dr. Sharon Fitzgerald—Aspree Project (Regional Mgr)

### Aspirin—Reducing Events in the Elderly:

Aspirin was identified by the Egyptians and Romans (Willowbark). Bayer worked on Willowbark in the 1800's and mixed it with other substances—used for temporary pain relief.

Aspirin reduces the risk of further (secondary) events. Do not know if it will stop a **first** event but it is likely. Older people benefit most from aspirin use.

50% of babies born today could expect to live to 104! Cardiovascular, dementia and cancer (Colon/Rectal) can be aided by aspirin as it prevents clots and thins the blood. (a big help in stroke control), and prevents brain damage. It is also likely that it helps in the prevention of Alzheimer's

The negatives: Can be a problem with bruising, bleeding, stomach ulcers. Do the benefits outweigh the risks? That is the subject of the trial which will take the next five years.

The researchers will speak with the local GP and determine participants; some will have aspirin and some a placebo. There are medical checks. They are hoping for 19,000 participants—12,500 in Australia and 6,500 in the USA. There are exclusions. If a participant has an event in the course of the 5-year trial they confer with the GP and participant and determine what to do. There are a variety of centres. So far, 4,442 participants have volunteered. There is a website for information.

A number of questions followed. Level of daily intake of aspirin is 100 mg. (Normal dosage for headache is 300mg).

**President Enid**—thanked all concerned & again reminded members there would be No formal meeting next week. There being no housekeeping duties President Enid then closed the meeting

Meeting closed at 8.37 pm.

Scribe: John Flemming





## PRESIDENT'S REPORT

Hi Everyone:

In the mail this week was an invitation from The Mayor Cr Sue McMillan and Mr Greg Hyams inviting the President and members to attend the 2011 Mayoral Ball to be held on Friday, 11th November 2011 at 7.00 pm. I'm aware that some club members have received a personal invitation but if you'd like to attend as part of the FTG Rotary Club could you please let me know so that a table can be arranged.

November seems to be a very busy month:

- 1st November is the Melbourne Cup.
- 5th November RC of Croydon have the New Melbourne Jazz Band performing at the Ringwood Arts Centre (see opposite page);
- Also on 5th Mountain District Learning Centre (people who publish the Ferntree Gully News) are also running the Ferntree Gully Discovery Day
- And then we have the Mayoral Ball on 11th.
- On 27th is the Foothills Fun Run;
- Later in the month CFA UFTG are celebrating their Annual Dinner / Awards Night.

All this—followed closely by the start of “The Silly Season”. We all know how hectic that’s going to be. Better start storing those reserves now!

As there is no formal meeting on 24th October there may not be much to report next week. If I can find something worth publishing I might send out an abbreviated version of the Bulletin, otherwise please note there'll be no Bulletin issued on 31st October.

Hope you all back a winner in the Cup!

**Enid Hughes**  
President

## CLUB NOTICES:

No Club Notices

The Rotary Club of Croydon proudly presents, an evening with the **New Melbourne Jazz Band**

By popular demand, the New Melbourne Jazz Band returns to present a programme of relaxed, carefree music that will make you tap your feet and snap your fingers to the best Dixieland jazz in Australia.

Saturday 5th November 2011 at 8.00pm  
George Wood Performing Arts Centre, Kalinda Road, Ringwood

Adults \$24.00 Pensioners and Students \$20.00  
Proceeds will support local Community projects

**5th November**  
**The New Melbourne Jazz Band**  
run by RC of Croydon.

Please contact  
The Ticket Secretary,  
Han's Music Spot, 7  
7 Main Street,  
Croydon, 3136.

Telephone: 9725 8108.

Cheques to be made payable to  
the Rotary Club of Croydon

**5th November**  
**Ferntree Gully**  
**Discovery Day**  
8.30—2.00 pm.

Assistance needed from club members to act as guides/informants/ general help to visitors etc. etc

Please contact President Enid if you have a little time to donate on this day.



**Ferntree Gully United Church**  
**Annual Fete &**  
**Mountain District Learning Centre**  
**Open Day**

Saturday, November 5th  
8.30am to 2.00pm

The day includes....

- Egg & Bacon Breakfast
- Sausage Sizzle
- Trash and Treasure
- Vintage Fayre
- Cake Stall
- Book Stall
- Crafts
- Coffee & Cake
- VCAL display
- Art display
- Plant Stall
- & MORE!!!

Information about 2012 Courses and Programs

SCARECROW COMPETITION!  
PRIZES TO BE WON!

Ferntree Gully Community Discovery Trail

Fun Activities for Kids!!

The Avenue, Ferntree Gully  
For more information call 9758 7859